

# RCU Kid's Club Newsletter Winter 09

## Join Savin' Sammy at the Eau Claire Indoor Sports Center for the RCU New Year's Eve Event!

RCU, together with The Eau Claire Indoor Sports Center, will be hosting a family New Year's Eve Event and you are invited!

**Thursday, December 31, 2009 • 5 pm to 9 pm**  
**Eau Claire Indoor Sports Center • 3456 Craig Road, Eau Claire**  
**\$5 at the door, Children 2 & under - FREE**

There will be activities to keep you busy the entire night. Huge inflatables, DJ entertainment, interactive family games, a clown, a balloon drop at 8:30 pm, plus free refreshments. Other food will be available for an additional charge. Purchase your tickets at the Eau Claire Indoor Sports Center that evening. We'll see you there!



## New Year's Resolutions

Hello Kids! Are you looking for a New Year's Resolution for 2010? Here are a few ideas from Savin' Sammy to get you started!

- I will drink more milk and water, and limit soda and fruit drinks.
- I will apply sunscreen before I go outdoors. I will try to stay in the shade whenever possible and wear a hat and sunglasses, especially when I'm playing sports.
- I will try to find a sport (like basketball or soccer) or an activity (like playing tag, jumping rope, dancing, or riding my bike) that I like and do it at least three times a week!
- I will wear my seat belt every time I get in a car.
- I will be nice to other kids. I'll be friendly to kids who need friends - like someone who is shy, or is new to my school.

## Let the Games Begin!

Looking for something to do this winter? Savin' Sammy has a couple of games to get you moving!

### JUMP SNOW HURDLES

Lightly pack a bunch of basketball-size snowballs and then use them to build a course of hurdles to jump over in a round of follow the leader.

### ROPE TOW

Team up for a slip-sliding variation of tug-of-war. Stomp down a wide, shallow trench in the snow to serve as the midline. Then, take up positions at the ends of a long, thick rope and let the tugging and towing begin. Whichever team pulls the entire opposing group over to its side of the trench wins.

### FLAG IN A SNOW STACK

Tie a white cloth to the end of a short stick or around the handle of a wooden spoon. Give each child a chance to hide it by sticking it anywhere within a predetermined set of boundaries. Keep track of how long it takes for the rest of the group to find it. Whoever hid the flag that takes the longest time to spot wins the game.



## Easy Holiday Cutout Cookies

### Ingredients:

- 1 pouch (1 lb 1.5 oz) sugar cookie mix
- 2 tablespoons all-purpose flour
- 1/3 cup butter or margarine, melted
- 1 egg
- White frosting (12-oz container)
- Decorating icing, gels, and sugars as desired
- Cookie cutters

### Directions:

1. Heat oven to 375°F. In medium bowl, stir cookie mix, flour, melted butter and egg until soft dough forms. Roll dough on floured surface to about 1/4 inch thick. Cut with cookie cutters. Place 1 inch apart on ungreased cookie sheet.
2. Bake 7 to 9 minutes or until light golden brown around edges. Cool 1 minute before removing from cookie sheet; cool completely.
3. Spread frosting on cooled cookies. Decorate as desired with remaining ingredients.
4. Enjoy!



### Christmas Word Search

Enjoy a fun word search full of merry words!

s u b c a n d y  
l s b a l l e k  
e n e l f t e d  
d o l l s e r k  
t w l g t r e e  
o w n i a x a i  
y b m f r m w c  
s a n t a f r b

Ball	Santa
Bell	Sled
Candy	Snow
Deer	Star
Elf	Toy
Gift	Tree